

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**



**4**

WG Pizza Slice 23g  
Mixed Green Salad 4g  
Apple 18g

**5**

Johnny Marzetti 26.5g  
WG Breadstick 24g  
Broccoli 8g  
Pear 25g

**6**

Chicken Nuggets 24g  
WG Roll 12g  
Vegetarian Baked Beans 30g  
Applesauce 17g

**7**

Chicken Burrito with WG Tortilla 25g  
Corn 19g  
Mixed Fruit Cup 26g

**1**

Curry Chix w/ Basmati Rice 41g  
WG Roll 12g  
Mixed Vegetables 13g  
Mixed Fruit Cup 26g

**11**

WG Pizza Slice 23g  
Mixed Green Salad 4g  
Apple 18g

**12**

BBQ Meatballs In a WG Bun 28g  
Fries 33g  
Fruit Cup 21g

**13**

Chicken Patty on a WG Bun 13g  
Vegetarian Baked Beans 16g  
Applesauce 30g  
22g

**14**

Chicken Burrito with WG Tortilla 25g  
Corn 19g  
Mixed Fruit Cup 26g

**15**

Spaghetti 28g  
Corn Muffin 24g  
Green Beans 6g  
Fruit Cup 21g

**18**

WG Pizza Slice 23g  
Mixed Green Salad 4g  
Apple 18g

**19**

Macaroni & Cheese 31g  
Breadstick 16g  
Broccoli 8g  
Pear 25g

**20**

Sloppy Joe 32g  
WG Bun 30g  
Vegetarian Baked Beans 17g

**21**

Chicken Burrito with WG Tortilla 25g  
Corn 19g  
Mixed Fruit Cup 26g

**22**



Chicken Drumstick 6g  
WG Roll 12g  
Spinach Salad 4g  
Fruit Cup 22g



Menu reflects: Carb counts listed in **ORANGE**. **HALAL** or **KOSHER** only.  
**Fresh Carrots are offered DAILY**  
Milk is offered with each meal: 1% White Milk 12g OR Fat Free Chocolate 24g

**\*\*Grades 9-12** receive additional servings per USDA guidelines [e.g., 2 fruits].  
USDA is an equal opportunity provider, employer, and lender.  
Menu is subject to change based on food availability or unforeseen school closures.

Fig's Café & Catering Services  
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